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Basic Training: Techniques And Tactics For Developing The Serious Player (Success In Soccer)



Synopsis

Book by Bisanz, Gero, Vieth, Norbert

Book Information

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Age Range: 6 and up

Grade Level: 1 and up

Customer Reviews

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This is a nice, albeit rather short book apparently developed for or by the German FA. While some of the topics are certainly German-centered (example: the discussion about how many youth players there are in Germany and how many tend to stop playing at age 13 or so), much of the discussion is analagous to the situation in the US, and presumably elsewhere. The German FA has recently received a number of accolades related to player development, and from reading this book, it's easy to see why. As compared to the disastrous coaching I've often witnessed in the US, the Germans focus on player development. Hence, this book involves exercises that are designed to introduce soccer to the players and keep them interested in progressing. It also details child psychology and other factors shaping player development. So the "play to win" philosophy in the US that stifles long-term player development is discouraged. This book does not purport to be a complete coaching program. Instead, it sets benchmarks for various age groups and then shows some sample exercises to work with that age group. Coaches will need to come up with their own

practice plans and consult other sources for other exercises. That being said, the book does an excellent job of providing an overview of coaching methods. I don't think this book is necessarily good for someone without a soccer background to read, but for a coach who as previously played soccer and is now looking to train kids, this book is great.

Excellent material. Volume 2 is just as good. Best books I've encountered. Our BU9 FIFA A License coach that played professionally in Europe is teaching and training our boys with the similar philosophy detailed in these books.

Great item for any coach, Delivered on time and as described.

excellent for ages 9-14. solid pictures and simple to set up game plans. a must have.

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